

Autism: Case Study

by Jonathan Cowan, Ph.D.

About 8-9 years ago I reported the case history of an eight-year-old autistic girl (triple diagnosed as high-functioning autistic) who came to me for training at the Winter Brain Meeting. She was so non-communicative that she would hide under the couch. Her first TOVA ® (Test of Variables of Attention) showed about 27% omission errors. By the time she finished all 28 sessions, she had improved to the point where she behaved fairly normally, and she had 8% errors. Her parents did a TV story documenting her improvement. A year later, her TOVA test was now excellent, with about 1% omission errors.

I hadn't heard from her in years, until I got a call from a professional involved with another family member, who wanted me to do the same thing for her two ADD kids. Turns out that Angela was the class valedictorian last year, and is now in college!

Who would have thought...